



KOA Kajukenbo Ohana Association

*KOA 2017 "Back To the Roots" **Body, Mind and Spirit***

Day #3: Sunday 30th 2017 Sifu John Nash / SGM Rick Alemany

SIFU JOHN NASH is the head instructor and owner of Northern Tiger Kenpo. He is former marine with decades of training under Grandmaster Rick Alemany. He holds two separate 5th degree black belts in Alemany style Kenpo and Ekido Kai Kenpo-Jujitsu founded by Professor Frank R. Ricardo.

NORTHERN TIGER KENPO 1319 20th Ave. San Francisco CA, 94122
TEL: (415) 731-2030 9am to 6pm www.northerntigerkenpo.com

9:00 am to 10 am, Emperado Original Systems Kenpo

❖ SGM Bob Mashimeier, SGM Rick Alemany, GM Weldon, Sifu John Nash

10:15 am to 11:15 am Jujitsu, Gun

GM Keith Straighter, Professor Frank Ricardo, Sifu John Nash, Sigung Carter

11:30 am to 12:30 pm Stick, Club

GM Sid Lopez, GM Ted Sotelo, GM Ron Lew, Professor Ben Fajardo,

12:15 pm to 1:15 pm Lunch

1:30 pm to 2:30 pm Combative Gung-Fu & Kung-Fu

GM Mike Sandos, Professor Terry Faircloth, Sigung Larry Carter, John Nash

2:45 pm to 3:45 pm Grappling and Ground work

Master Ty Hatfield, Professor Ben Fajardo, Professor Ricardo, Sifu Paul Sandos,

4:00 pm to 5:00 pm MIT Masters in Training

SGM's and GM's, Professors, Sigungs, Sifu's and all Kajukenbo and guest.

5: to 6: pm Compleitive Strategies Forms, Sparring

GM Eric Lee, GM Doug Jones, GM Weldon, Sigung Larry Carter,
Sifu Timothy Alemany, Sifu John Nash,



Subject to change



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