



KOA Kajukenbo Ohana Association

KOA 2017 *"Back To the Roots"* *Body, Mind and Spirit*

2nd Days Seminar

Subject to change

**Day #2: Saturday 29th 2017 Antioch, CA GM Dennis Guila's School
GM Dennis Guila leader in Kajukenbo Hawaiian Kick Boxing**

With 46 Years of Comprehensive training experience Grand Master Dennis Guila a 3rd Generation 9th Degree Red Belt has a proven track record with successful results and programs to fit anyone at any level Phone: 935-755-3434

4389 Hillcrest Ave. (Wild Horse rd. by 7 eleven) Antioch, Ca. 94531 9am to 10pm

Email: Guilakickboxing@gmail.com, www.guilakarate.com

9:00 am to 10 am, Guila Kajukenbo Hawaiian Kick Boxing

GM Dennis Guila, SGM Alemany, Sifu John Nash, Sifu Heath Hash

10:15 am to 11:15 am Ch'uan-Fa

GM Robert New, GM Sid Lopez, Professor Terry Faircloth

11:30 to 12:30 Gun, Knife

GM Keith Straighter, Professor Ben Fajardo, GM Ted Sotelo, Sifu Ferguson

12:30 pm to 1:30 pm Lunch

1:30 pm to 2:30 pm Kajukenbo Tum-Pai, Tai-chi

SGM Al Dacascos, GM Jerry Weldon, Sifu Heath Hash, Sifu John Nash

2:45 pm to 3:45 pm Self-Defense & Sticks, Weapons

GM Dan Baker, GM Ted Sotelo, GM Mitch Powell, Professor Ricardo

4:00 pm to 5:00 pm Grappling, ground work

Master Ty Hatfield, Professor Ben Fajardo, Sifu Paul Sandos,

5:15 pm to 6:15 pm Kajukenbo ABC's

GM Mitch Powell, SGM Alemany, GM Robert New, SGM Al Dacascos

6:30 pm to 10:30 pm KOA *Hawaiian BBQ*

KOA "Back to the Roots" Hawaiian Music by Hawaiian Kaju Band

Independent But United

Email: KOA@KOAKAJUKENBO.COM, www.KOAMARTIALARTS.COM, www.KOAKAJUKENBO.COM

*Disciplined Arts of Strength and Honor * Mixed Martial Arts since 1947*